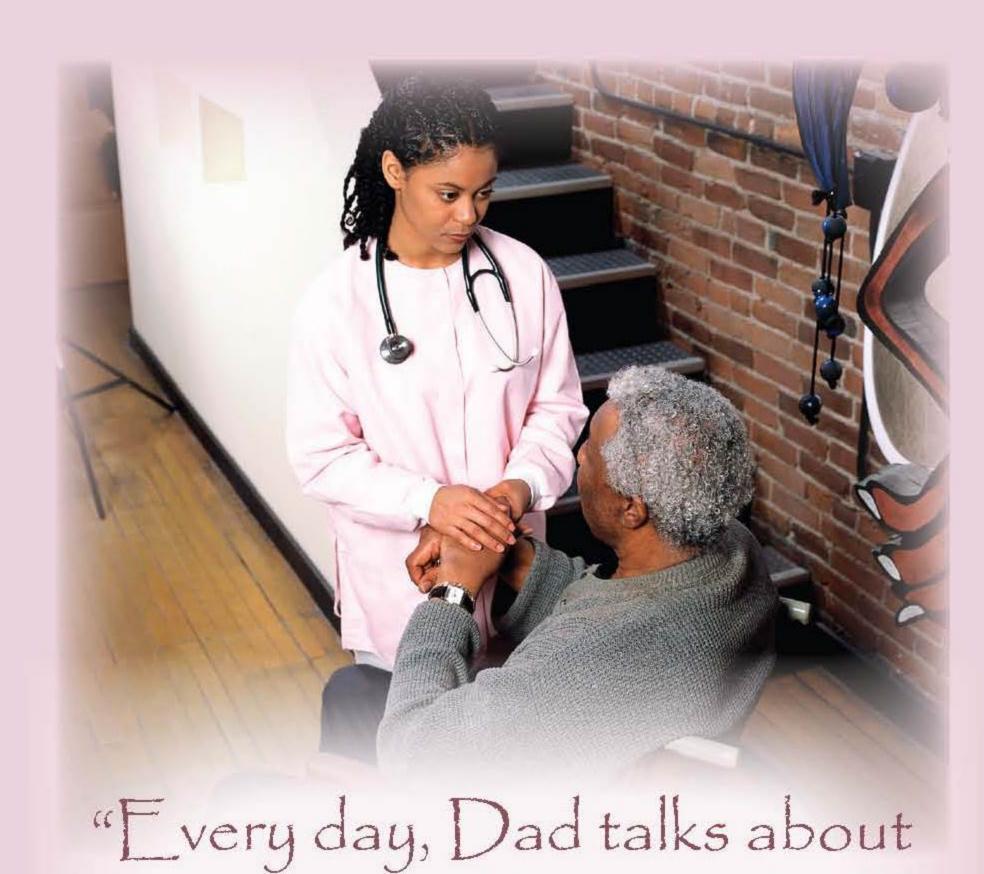
What Do Adult Day Centers Offer?

- Transportation
- Safe environment
- Professional services by nurses, social workers, therapists, and others
- Healthy meals and snacks
- Monitoring and administration of medicines
- Personal care
- Caregiver support
- Physical activity
- Celebrations and entertainment
- Field trips



the center and how wonderful

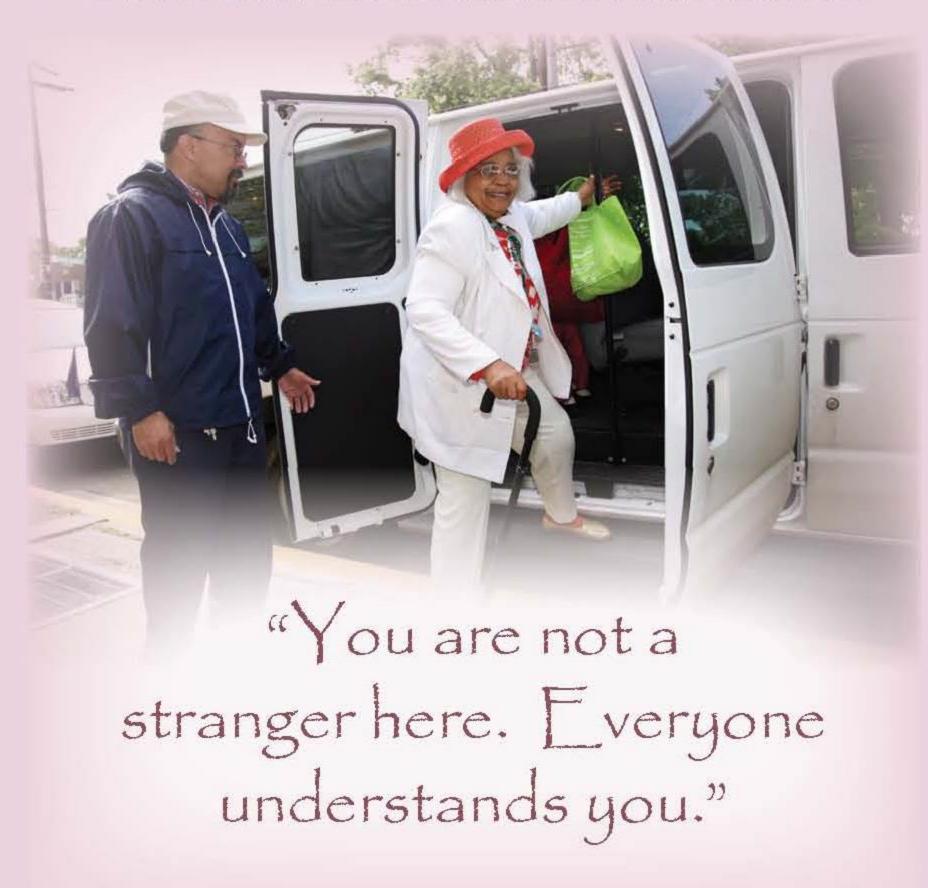
it is. His eyes light up when

we ask him about his day."

Who Benefits From Going To Adult Day Centers?

People who may:

- Want to stay in their homes but need daytime assistance
- Have physical or cognitive conditions that require monitoring
- Need socialization and stimulation



How Do People Pay For Adult Day Centers?

- Private pay
- Long-term care insurance
- Center-based scholarships and/or sliding scale
- State and local government assistance
- Medicaid
- Tax write-offs



"I'm never bored here.
There is always something interesting going on."

Adult Day Centers...

... Enrich Participants' Lives

- Safe, accepting environment
- Something to look forward to
- A sense of belonging
- Feeling part of a community
- Help in maintaining mental and physical abilities

... Support Caregivers

- Sense of relief
- Worry-free work day
- Affordability
- Time for yourself
- Help finding resources
- Emotional support

Licensed Medical Adult Day Centers in Montgomery County

Albert and Helen Misler Adult Day Center

Rockville 301-468-1740

Easter Seals Adult Day Center

Silver Spring 301-588-8704

Eldersburg Eldercare of Damascus

301-253-2764

Fellowship Adult Day Center

Germantown
301-916-4141
English and Korean spoken.

Holy Cross Hospital Medical Adult Day Center

Silver Spring 301-754-7150

Loving Heart Medical Day Care Center

Gaithersburg 301-990-1253 English and Korean spoken.

Nu-Horizon Adult Day Care Center

Cloverly 301-622-0400 English, Spanish and Farsi spoken.

Rainbow ADDC of Rockville

301-770-7676

English, Russian and Romanian spoken.

Rainbow of Helgerman Court

Gaithersburg 240-683-9010 English, Russian, Spanish and Chinese spoken.

Randolph Hills Adult Day Care

Silver Spring 301-933-2500 English and Spanish spoken.

The Support Center, Inc.

Rockville 301-738-2250 English and Spanish spoken.

The Washington-McGlaughlin ADCC

Takoma Park 301-270-6940

Winter Growth, Inc.

Olney 301-774-7501

Adult Day Centers are non-sectarian.

Centers have wide service areas.

Hours of operation vary.

Discover...

ADULT DAY CENTERS



"It is such a relief to have a place where Mom is welcomed with loving arms."



Montgomery County
Department of Health and Human Services
Aging and Disability Services
240-777-3000 Voice 240-777-4575 TTY
hhsmail@montgomerycountymd.gov

Other formats available upon request.